

Kathleen Mueske, LPC

“I believe that HOPE is the true essence of an enriched life and, that as a professional counselor, I am called to restore or enhance hope in challenging situations.”



Kathleen seeks to partner with individuals who are interested in improving the quality of their lives, their relationships and their self-compassion.

Kathleen is interested in providing a safe and affirming environment that creates opportunities for healing and improved health and wellbeing.

Clinical areas of interest are Grief and Complicated bereavement, PTSD, LGBTQ+ Issues, Spiritual Issues, Depression, Anxiety, Relationship Issues and Low Self-Esteem.

Clinical Modalities are Brief Therapy, CBT, Mindfulness, DBT, Person Centered, Feminist Therapy, Motivational Interviewing and Solution Focused therapy.

Populations served are children and parents, teens, college students and other young adults, adults, couples, veterans, artists, victims/survivors of trauma/abuse, professional caregivers, individuals with chronic health, and mental health conditions.

Shaiyene

Shaiyene is owned and trained by Kathleen Mueske. Shaiyene’s job is to calm and comfort the clients with whom Kathleen works.

