

The GJB Health Services Team is fun, experienced and well-trained to help clients, and their loved ones, to make lasting changes. Sometimes, it may not feel like a “good fit” to continue treatment with a therapist. Don’t be afraid or embarrassed to bring this up with us directly; there will be no offense taken and help will be offered to find another therapist or simply to send information to the new therapist.

You may even find your new therapist right on the GJB Team; none of us are territorial and we all want our clients to have the most positive therapy experience possible.

At times clients may feel angry, disagree with a suggested course of treatment or be unwilling to follow through with an action or assignment. GJB Health Services and the client are a team and the client is the captain. Please feel free to speak with us about any concerns that may come up. There are many ways to achieve the same goal and we will find one that fits your needs and seems doable.

In Conclusion

Clients often come back for a “tune-up”. It may be part-two of the same issue (or problem) or a new situation all together that brings them back and it’s always wonderful to see them again. Sometimes it is the “inactive status” letter that prompts them to say, “I would probably feel a lot better if I dropped back in for a session or two”.

When clients refer a friend or family member, we are honored and promise to take very special care of them.

Hugs and Blessings!

The GJB Health Services Team