



Length of Couple's Sessions

Couple sessions often run between an hour and a half and two hours; a frequency of once a week is optimal. When sessions occur more than 10 days to two weeks apart, continuity and momentum is impacted. Both partners are expected to register as “identified patients”; both need to complete the registration paperwork.

Costs of Couple's Therapy

The cost of the first couple's session is \$250.00; subsequent sessions are \$200.00 per hour. Co-insurance, co-payments and deductible payments are all due at the time of service; cash, check and credit cards are acceptable forms of payment.

There will be a \$50.00 charge for checks returned for insufficient funds.